



NEWS RELEASE

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Bike Month Kicks Off with Ride and Festival

May is National Bike Month, and the Knoxville region has many free rides, classes and events to celebrate it locally. To kick off the month-long series of activities, the I Bike KNX Festival and Neighborhood Bike Ride will be held Sunday, May 6 at Market Square from 1 – 5:30 p.m. Festivities begin with helmet and bike decorating and free safety checks. The ride commences from the square at 2 p.m. for a tour of South Knoxville before returning downtown for the Festival.

The second annual I Bike KNX Festival showcases local bicycle resources, including area clubs and bike shops. Participants can make smoothies using pedal power, learn how to change a flat tire, hear stories of traveling by bicycle, and get free bike stickers by taking the I Bike KNX safe biking pledge.

After 11 years of holding the Neighborhood Bike Ride in the fall, this year's ride has moved to the spring to be part of Bike Month. One of the community's most popular cycling events, the Neighborhood Bike Ride hosted several hundred participants in the fall. This family-friendly ride of less than 10 miles leaves Market Square and tours nearby neighborhoods at a casual pace before returning for the I Bike KNX Festival. Helmets required, and festive attire encouraged. Bike ride participants will enjoy free mini-cones from Cruze Farm and lemonade from Mast General Store.

Many more Bike Month events, including other rides and classes, are listed online at www.knoxtrans.org/bikemonth.

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